

It's Not Them, It's Me
READ THE WORD >> READ PSALM 32

EXAMINE YOURSELF >>

What are some stressful situations you encountered this week?

What were seemingly the causes of these stressful situations?

What were things you did to cause or worsen these stressful situations?

TAKE ACTION >>

List meaningful changes you can make in your own actions.

WRITE THE WORD >> WRITE EPHESIANS 2:4-5

PRAY >>

Heavenly Father, I am overwhelmed by the grace you have given me. I continue to struggle with _____, but thank you for forgiveness that I have through Jesus. Teach me the way I should go. Protect me from trouble. Please continue to surround me with your unfailing love. Amen.